

Dr.A.DHANABAL

ASSISTANT DIRECTOR OF PHYSICAL EDUCATION



Name of the Staff : Dr.A.Dhanabal
B.Com., M.Com.,
B.P.Ed., M.P.Ed., M.Phil., P.G.Dip., Dip(DMS),Ph.D.,
NET., SET., RJNF(UGC), Fitness Consultant,
TN State Official / TN State Arbiter / Anthropometrist /
Form III & All India (P).

Designation: Assistant Director of Physical Education

Name of the Department: Department of Physical Education

Name of the College: University College of Engineering, Panruti.

Game of Specialization: Athletics / Football / Cricket / Chess / TT / Volleyball /
Badminton/ Mallakhamb

Additional Responsibilities under taken:

- ✓ NSO Officer
- ✓ Yoga Course Coordinator
- ✓ Anna University Team Coach Cum Manager
for All India Tournament.
- ✓ Zone 5 Sports Secretary - Anna University
- ✓ Residential councilor
- ✓ Selection Committee Member
(Anna University Zone 5 and inter-Zone)
- ✓ Local Sports Secretary
- ✓ Discipline Committee Member
- ✓ Help Desk Member
- ✓ SC/ST Cell Member
- ✓ Discipline Committee Member
- ✓ Graduation Day Committee Member of Constituent
College of Anna University.

Address: 3/549, South Street,
Vairichettipalayam (post),
Thuraiyur (Tk), Trichy (Dt) - 621012. Tamil Nadu.

E-mail: dhanabalphd1980@gmail.com

DEGREES AWARDED

QUALIFICATION	COLLEGE / UNIVERSITY	YEAR OF PASSING	PERCENTAGE OF MARKS / CGPA
NET (in Physical Education)	University Grants Commission Roll No: 10470010 Certificate no : 121045271 UGC Ref No: 4571 / (NET – JUNE 2012)	June 2012	Qualified for lectureship
SET (in Physical Education)	Bharathiyar University Roll no: 04200001 SET Ref No:SET/06/02715 Si.No: F 2715	2012	Qualified for lectureship
Ph.D. (in Physical Education)	Pondicherry University (A Central University)	February 2012	Highly recommended
M.Phil (in Physical Education)	Pondicherry University (A Central University)	May 2008	75.60 % / 8.17 (CGPA)
M.P.Ed.	Pondicherry University (A Central University)	May 2007	73.20 % / 7.99 (CGPA)
B.P.Ed.	S.R.K.V.Maruthi College of Physical Education, Coimbatore.	April 2005	73.46% First Class with Distinction
M.Com.,	Periyar University	Jun 2014	50.9 % Second Class
B.Com.,	Periyar E.V.R College (Autonomous) Trichy.	November 2003	56 % Second Class
H.Sc	SVV H.Sc. School Vairichettipalayam.	Mar 1999	82 % First Class
S.S.L.C	PRIVATE	Oct 1996	46.2 %
PGDip in Health & Fitness	Pondicherry University (A Central University)	May 2010	74.80 % / 8.11 (CGPA)
DIPLOMA (Design, Train and Manage specific sports sessions for the children of Tsunami affected Villages.)	Pondicherry University with the French Ministry of Youth and Sports.	April 2007	85.5 % First Class
Rajiv Ghanthi National Fellowship Award	University Grants Commission	May 2008	NA

PH.D RESEARCH TOPIC

ANALYSIS OF SELECT ANTHROPOMETRIC PHYSICAL PHYSIOLOGICAL VARIABLES AND SOCIO ECONOMIC STATUS OF URBAN RURAL AND TRIBAL AREA SCHOOL STUDENTS.

Reserch Supervisor and Guide : Dr.P.K.Subramaniam
Professor & HOD
Department of Physical Education and Sport
Pondicherry University.
(A Central University)

GAMES AND SPORTS REPRESENTATION

- Represented All India Inter University Athletic Competition held at Gulbarga University – Gulbarga 2005.
- Represented and positioned 2nd Runner, 4th Senior & Youth National 7-A-Side Football Championship held at Erode, TamilNadu -2006.

TECHNICAL EXCELLENCE

- **The State Technical Official** Examination secured with second class in Athletics conducted by Tami Nadu Athletic Association - March 2008.
- Qualified **Fitness Consultant** Passed in First Class conducted by SRV Maruthi College of Physical Education – 2005.
- Qualified Tamil Nadu State **Arbiter Examination** in Chess conducted by Tamil Nadu State Chess Association held at Kanchipuram on 22nd January 2023.
- **NCC Passed** the Certificate a Examination held in 1995 under the authority of Ministry of Defence, Government of India.

INTERNATIONAL CERTIFICATION

- Level One Anthropometrist ISAK training course on 2011 conducted by Pondicherry University. (International Society for the Advancement of Kinanthropometry).

WORK EXPERIENCE:

S.No	Organization / Institution	Designation	Date from	To
1.	Imayam College of Engineering, Thuraiyur.	Physical Director	01.07.2012	06.08.2014
2.	University College of Engineering, Villupuram. (A Constituent College of Anna University, Chennai).	TF / PD	03.09.2014	29.11.2025
3.	University College of Engineering Panruti (A Constituent College of Anna University, Chennai)	Assistant Director of Physical Education	01.12.2025	Till Date

NATIONAL LEVEL JOURNALS PUBLISHED WITH ISSN NO:

S.No	Journal Name	Paper Title	Date	Vol No & Page no.	ISSN
1.	Osmania Journal of Physical Education	A Comparative Analysis of Select Motor Fitness and Physiological variable among Urban Rural and Tribal area school Boys.	July - 2012	Vol.No.6 Page No. 114-119	0974-7109
2.	Scientific Journal of Physical Education and Allied Subjects	Analysis of Select Physical and Physiological Variable among Urban Rural and Tribal area school Boys.	July-2011	Vol.No.1 No.1 Page no.103-108	2231-041X
3.	Journal of Physical Education and Allied Health Sciences	Analysis of Select Anthropometric Physiological Variables and Socio Economic Status among Urban Rural and Tribal area school Girls.	July - 2012	Vol.No.2 No.2 Page no.35-41.	2249-2380

PAPER PRESENTED AT NATIONAL LEVEL CONFERENCE:

S.No	Organizers	Paper Title	Theme	Date
1.	Department of Physical Education, Bharathidasan University.	A Study on Exercise memory loss and Aging	Emerging Trends in Physical Education and Sports Sciences.	12 th March 2011

PAPER PRESENTED AT NATIONAL LEVEL SEMINAR:

S.No	Organizers	Paper Title	Theme	Date
1.	Department of Physical Education and Sports Sciences, Annamalai University.	Comparative study of Selected Physical fitness Measures for Rural Boy and Urban Boys Kabaddi Players.	Training Prescription and functional Responses on Different Population	28 th & 29 th March 2011
2.	Tamil Nadu Physical Education and Sports University, Chennai.	Yoga for Holistic Health	Yoga	10 th March 2007
3.	Department of Physical Education, Virudhunagar Hindu Nadars senthikumara Nadar College, Virudhunagar.	Comparative study of selected Physical & Physiological variable between hills and coastal area school students.	Recent Trends in Yoga and Physical Education.	11 th and 12 th August 2011
4.	Department of Physical Education, Virudhunagar Hindu Nadars senthikumara Nadar College, Virudhunagar. ISBN: 97881-910426-8-9	Analysis of select physical and physiological variables among urban rural and tribal area school boys.	Recent Trends in Yoga and Physical Education.	11 th and 12 th August 2011.
5.	Department of Physical Education, Virudhunagar Hindu Nadars senthikumara Nadar College, Virudhunagar. ISBN: 97881-910426-8-9	Comparative study of self-confidence achievement motivation and aggression between north indian and south indian female football players.	Recent Trends in Yoga and Physical Education.	11 th and 12 th August 2011.
6.	Ayya Nadar Janaki Ammal College, Sivakasi. ISBN: 938048714-2	Analysis of Select physical fitness Anthropometric Variables and Socio Economic Status among Urban Rural and Tribal area School Boys.	Modern Trends in Sports Management.	21 st and 22 nd March 2012.
7.	Ayya Nadar Janaki Ammal College, Sivakasi. ISBN: 938048714-2	A Comparative Analysis of select motor fitness and physiological variable among urban rural and tribal area school Boys.	Modern Trends in Sports Management.	21 st and 22 nd March 2012.
8.	Department of Physical Education, Bharathiyar University, Coimbatore.	Balanced Diet and Nutrition Requirement for the Sports Students.	Recent Technologies in sports Sciences.	22 nd and 23 rd March 2011.
9.	Department of Physical Education and Health Sciences, Alagappa University.	Comparative study of self-confidence achievement motivation and aggression between north indian and south indian.	Innovative concepts of inter disciplinary approaches towards physical education.	14 th September 2007.

PARTICIPATION OF NATIONAL WORKSHOP:

S.No	Organizers	Theme	Date
1.	Department of Physical Education & Sports, Pondicherry University.	Kinanthropometry	-3 August 2011
2.	Department of Physical Education & Sports, Pondicherry University.	Modern Trends in Physical Education and Sports.	30 th October 2006.

3.	Centre for Adult and Continuing Education, Pondicherry University.	Right to Information (RTI).	2 nd and 3 rd Nov 2006.
4.	Department of Physical Education, Bharathidasan University.	Statistical Software Applications in Physical Education and Sports Science Research.	18 th and 19 th March 2012.
5.	University College of Engineering, Villupuram.	IT Essentials & Opportunities.	22 nd August 2019.

PROFESSIONAL EXCELLENCES

SELECTION COMMITTEE MEMBER - ANNA UNIVERSITY

S.No	University	Game	Year
1.	Anna University, Chennai.	Boxing (M & W)- Paavai Engineering College Namakkal	2016
2.	Anna University, Chennai.	Kho-Kho (W) – AU Bit Campus - Trichy	2017
3.	Anna University, Chennai.	Kabaddi (W) - Kongu Nadu Engineering College Nammakkal	2017
4.	Anna University, Chennai.	Boxing (M & W)-Kumara Guru College of Engineering Coimbatore	2017
5.	Anna University, Chennai.	Cross Country (M&W)- Arasu Engineering College Kumbakonam	2019
6.	Anna University, Chennai.	Kabaddi (men) - Anna University Regional Campus- Tirunelveli	2021
7.	Anna University, Chennai.	Chess (Men & Women) –Bharath Institute of Higher Education and Research, Chennai.	2022
8.	Anna University, Chennai.	Chess (Men & Women) - Bharath Institute of Higher Education and Research, Chennai.	2023
9.	Anna University, Chennai.	Mallakhamb (Men) - Kongu Nadu Engineering College Nammakkal	2024
10.	Anna University, Chennai.	Mallakhamb (Men) - Kongu Nadu Engineering College Nammakkal	2025
11.	Anna University, Chennai.	Cross Country (M & W) – AU Bit Campus - Trichy	2025
12.	Anna University, Chennai.	Mallakhamb (Men & Women)- K. Ramakrishnan - Trichy	2025

ANNA UNIVERSITY TEAM MANAGER CUM COACH FOR ALL INDIA TOURNAMENTS

S.No	University	Game	Venue
1.	Anna University, Chennai.	Chess (Women)	REVA University, Bengaluru
2.	Anna University, Chennai.	Mallakhamb (Men)	Suresh GyanaVihar University, Jaipur - Rajasthan
3.	Anna University, Chennai.	Cross Country (Men)	Mangalore University, Mangalore- karnadaka
4.	Anna University, Chennai.	Mallakhamb (Men)	LNCT University, Bhopal – Madhya Pradesh
5.	Anna University, Chennai.	Mallakhamb (Men & Women)	Vinayaga Mission Research Foundation, Chennai.

ANNA UNIVERSITY ZONE-5, INTER ZONAL & ALL-INDIA TOURNAMENT
SPORTS ACTIVITIES RESULTS (2014 TO 2025)

S.no	GAMES	YEARS	POSITION
1.	Badminton (Women) Cricket (Men) Athletics (Men and Women) *Organized Chess Tournament (AU zone – 5).	2014-2015 2014-2015 2014-2015	Winners Runners 03 Medals
2.	Badminton (Women) Cricket (Men) *Organized by District Chess Tournament.(AU)	2015-2016 2015-2016	Winners Runners
3.	Badminton (Women) Cricket (Men) Chess (Women) Table Tennis (Women) Chess (men) Badminton (men) *Athletics (Men and Women) *Organized by District Chess Tournament.(AU)	2016-2017 2016-2017 2016-2017 2016-2017 2016-2017 2016-2017 2016-2017	Winners Winners Winners Runners Second Runners Second Runners 10 Medals
4.	Badminton (Women) *Athletics(Men and Women) *Organized by Volleyball Tournament.(AU)	2017-2018 2017-2018	Winners 18 Medals
5.	Chess (Women) Badminton (Women) Chess (men) Table Tennis (Women) *Athletics(Men and Women) AU Zone 5 Athletic Overall championship Cross country men Team (inter zonal) held at Dr. sivanthi Aadhitannar College Tiruchendur on 22 sep 2018. *Organized by Volleyball Tournament (AU)	2018-2019 2018-2019 2018-2019 2018-2019 2018-2019	Winners Runners Runners Runners Runners 14 Medals
6.	Chess (men) Table Tennis (Women) Chess (Women) Hockey (men) Basketball(women) Football (men) Athletics (Men and Women) Athletics Women Team AU Zone 5 Over-All Championships *Organized by Chess (men), Chess(women)& Table-Tennis (women) Tournaments. (AU zone – 5)	2019-2020 2019-2020 2019-2020 2019-2020 2019-2020 2019-2020 2019-2020	Winners Winners Runners Runners Runners 2 nd Runners 15 Medals
7.	Chess (Men) *Organized by Chess (men), Chess (women) & Table-Tennis (women) Tournaments. (AU zone – 5)	2020-2021 2020-21	Winners

	<p>Selected to represent Anna University in the All India Inter-University Mallkhamb Tournament.</p> <p>*AU zone-5 Tournaments Organized by UCEV Table-Tennis (women)</p>		
11.	Table Tennis (men)	2024-25	Winners
	Hockey Both (M &W) Teams won CM Trophy	2024-25	Winners
	Basketball (men)	2024-25	Runners
	Basketball (women)	2024-25	2 nd Runner
	Cricket (Men)	2024-25	2 nd Runner
	<ul style="list-style-type: none"> ● III Year B.Tech IT Dirisha .S selected to represent Anna University Cricket (W) Team and represent South zone Inter university Cricket at University of mysore. ● II Year CSE D.Sanjay Prasath Selected to represent Anna University in the All India Inter-University Mallkhamb Tournament at LNCT University Bhopal. 	2024-25	<p>All India Participated</p> <p>All India Participated</p>

❖ OBJECTIVE

Developing a sound and excellent career in sports and fitness arena by applying the acquired knowledge, skills and advanced method in sports training. These have been developed over a period of time through hard work, dedication and perseverance in the field of Physical Education and Sports Sciences.

Area of Interest:

- ❖ Strength and Conditioning for Sports in General and Specific Fitness,
- ❖ Human Anatomy
- ❖ Science of Sports Training
- ❖ Methods in Physical Education
- ❖ Athletics
- ❖ Football
- ❖ Chess

HOBBIES :

- ❖ Drawing
- ❖ Reading Books
- ❖ Trekking.

PERSONAL DETAILS

Father's Name : Sengaiyan Andi
Date of Birth : 06.05.1980
Gender : Male
Nationality : Indian
Marital Status : Married
Languages Known : Tamil & English

Dr.A.Dhanabal
Assistant Director of Physical Education
Anna University College of Engineering Panruti.